

Chapter 6
COURSE OF STUDY

Section 1. Course of Study for Cosmetology Students. The educational program of all schools shall include no less than ten and one half (10 ½) months of study and no less than two thousand (2000) hours for a complete cosmetologist course.

(a) One thousand eight hundred thirty five (1835) hours shall consist of the following minimum training requirements and shall include related theory:

(i) Cosmetology

(A) Theory of Hair and Scalp **165 hours**

- (I) Anatomy/Physiology
- (II) Structure/Disease
- (III) Analysis

(B) Theory and Chemistry of Hair Technology **250 hours**

- (I) Shampoo
- (II) Massage
- (III) Treatments
- (IV) Restructure
- (V) Color/Lighter
- (VI) Hair Cut/Shaping
- (VII) Dressing
- (VIII) Additions/Wigs
- (IX) Disinfection, Infection Control, and Safety

(C) Application of Hair Technology **500 hours**

Minimum Applications

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| (I) Shampoo | 25 |
| (II) Massage | 25 |
| (III) Treatments | 10 |
| (IV) Restructure | |
| (1.) Waving | 50 |
| (2.) Relaxing | 10 |
| (V) Color | |
| (1.) Lightening | 25 |
| (2.) Tinting | 25 |

(3.) Dimensional	25	
(VI) Cut/Shaping		
(1.) Clippers	25	
(2.) Shear	25	
(3.) Razor	25	
(VII) Dressing		
(1.) Wet Styling (to include but not limited to)	25	
a. Roller bases		
b. Pin curls		
c. Fingerwave		
(2.) Thermal	20	
a. Blow dry		
b. Iron		
(3.) Braiding	10	
(4.) Additions/Wigs	6	
(VIII) Disinfection, Infection Control, and Safety		
(D) Theory of Nails and Related Structures		65 hours
(I) Anatomy/Physiology		
(II) Structure/Disease		
(III) Analysis		
(E) Theory and Chemistry of Nail Technology		65 hours
(I) Manicures		
(II) Pedicures		
(III) Electric Files		
(IV) Massage		
(V) Acrylic		
(VI) Tips/Wraps		
(VII) Gels		
(VIII) Exfoliation		
(IX) Disinfection, Infection Control, and Safety		
(F) Application of Nail Technology		200 hours
	Minimum Applications	
(I) Manicures	10	
(II) Pedicures	10	
(III) Electric Files	10	

(IV) Massage	20
(V) Acrylic/Sculptured	50
(VI) Tips w/overlay	
(1.) Wraps	10
(2.) Acrylic	10
(VII) Gels	10
(VIII) Disinfection, Infection Control, and Safety	
(G) Theory of Skin	180 hours
(I) Anatomy/Physiology of the Body	
(II) Structure/Disease	
(III) Analysis	
(H) Theory and Chemistry of Skin Technology	200 hours
(I) Facials and Treatments	
(II) Exfoliation (physical/chemical)	
(III) Machines (non-ablative/non-medical)	
(IV) Hair Removal	
(V) Massage	
(VI) Analysis	
(VII) Extraction	
(VIII) Make-up	
(IX) Body Treatments	
(X) Chemical Treatment of Lash/Brow, Including Lash Extensions	
(XI) Disinfection, Infection Control, and Safety	
(I) Applications of Skin Technology	150 hours
	Minimum Applications
(I) Cleaning/Steaming/Masks	10
(II) Exfoliation	10
(III) Hair Removal	
(1.) Facial	5
(2.) Brow	12
(3.) Arms	3
(4.) Underarms	3
(5.) Chest/Back	1
(6.) Leg	3
(7.) Bikini	3

(IV) Massage	10
(V) Skin Analysis	10
(VI) Extraction	5
(VII) Lash Extensions	4
(VIII) Make-up	3
(IX) Disinfection, Infection Control, and Safety	
(J) Professional Standards	50 hours
(K) Wyoming Law	10 hours
(L) Discretionary Hours (hours must be documented and records kept in student's file)	165 hours

(I) Total hours required are one thousand eight hundred thirty five (1835) plus the one hundred sixty five (165) discretionary hours for a total of two thousand (2000).

(II) The course of training for the remaining one hundred sixty five (165) hours shall be at the discretion of the school to determine and may include as many as forty (40) hours of instruction by individuals other than cosmetology instructors where such instruction may serve to enrich the education program offered such as health and safety or salon management. No more than eighty (80) hours shall be used for observation in a salon.

(III) If any hours are accomplished outside the school premises, they must be acquired under supervision or guidance of an instructor and supporting documents must be made available if requested by the Board.

(IV) Client protection and proper infection control, and disinfection should be taught, and utilized as necessary according to Wyoming law, and manufacturer's directions.

Section 2. Course of Study for Hairstyling Students. The educational program of all schools shall include no less than six (6) months of study and no less than one thousand (1000) hours for a complete hairstylist course.

(a) Nine hundred seventy-five (975) hours shall consist of the following minimum training requirements and shall include related theory:

(i) Hairstyling

(A) Theory of Hair and Scalp	165 hours
(I) Anatomy/Physiology	
(II) Structure/Disease	
(III) Analysis	
(B) Theory and Chemistry of Hair Technology	250 hours
(I) Shampoo	

- (II) Massage
- (III) Treatments
- (IV) Restructure
- (V) Color/Lightener
- (VI) Hair Cut/Shaping
- (VII) Dressing
- (VIII) Additions/Wigs
- (IX) Disinfection, Infection Control, and Safety

(C) Application of Hair Technology

500 hours

Minimum Applications

(I) Shampoo	25
(II) Massage	25
(III) Treatments	10
(IV) Restructure	
(1.) Waving	50
(2.) Relaxing	10
(V) Color	
(1.) Lightening	25
(2.) Tinting	25
(3.) Dimensional	25
(VI) Cut/Shaping	
(1.) Clipper	25
(2.) Shear	25
(3.) Razor	25
(VII) Dressing	
(1.) Wet Styling (to include but not limited to)	25
a. Roller bases	
b. Pin curls	
c. Fingerwave	
(2.) Thermal	20
a. Blow dry	
b. Iron	
(3.) Braiding	10
(4.) Additions/Wigs	6
(VIII) Disinfection, Infection Control, and Safety	

(D) Professional Standard	50 hours
(E) Wyoming Law	10 hours
(F) Discretionary Hours (hours must be documented and records kept in student's file)	25 hours

(I) Total hours required are nine hundred seventy five (975) plus the twenty five (25) discretionary hours for a total of one thousand (1000).

(II) The course of training for the remaining twenty five (25) hours shall be at the discretion of the school to determine and may include as many as ten (10) hours of instruction by individuals other than cosmetology instructors where such instruction may serve to enrich the education program offered such as health and safety or salon management.

(III) If any hours are accomplished outside the school premises, they must be acquired under supervision or guidance of an instructor and supporting documents must be made available if requested by the Board.

(IV) Client protection and proper infection control, and disinfection should be taught, and utilized as necessary according to Wyoming law, and manufacturer's directions.

Section 3. Course of Study for Nail Technician Students. The educational program for all schools shall include no less than four hundred (400) hours for a complete nail technician course.

(a) Three hundred ninety (390) hours shall consist of the following minimum training requirements and shall include related theory:

(i) Nail Technician

(A) Theory of Nails and Related Structures	65 hours
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(I) Anatomy/Physiology

(II) Structure/Disease

(III) Analysis

(B) Theory and Chemistry of Nail Technology	65 hours
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(I) Manicures

(II) Pedicures

(III) Electric Files

(IV) Massage

(V) Acrylic

(VI) Tips/Wraps

(VII) Gels

(VIII) Exfoliation

(IX) Disinfection, Infection Control, and Safety

(C) Application of Nail Technology

200 hours

Minimum Applications

(I) Manicures	10
(II) Pedicures	10
(III) Electric Files	10
(IV) Massage	20
(V) Acrylic/Sculptured	50
(VI) Tips w/overlay	
(1.) Wraps	10
(2.) Acrylic	10
(VII) Gels	10
(VIII) Disinfection, Infection Control, and Safety	

(D) Professional Standards

50 hours

(E) Wyoming Law

10 hours

(F) Discretionary Hours (hours must be documented and records kept in student's file) **10 hours**

(I) Total hours required are three hundred ninety (390) plus the ten (10) discretionary hours for a total of four hundred (400).

(II) The course of training for the remaining ten (10) hours shall be at the discretion of the school to determine and may include as many as five (5) hours of instruction by individuals other than cosmetology instructors where such instruction may serve to enrich the education program offered such as health and safety or salon management.

(III) In any hours are accomplished outside the school premises, they must be acquired under supervision or guidance of an instructor and supporting documents must be made available if requested by the Board.

(IV) Client protection and proper infection control, and disinfection should be taught, and utilized as necessary according to Wyoming law, and manufacturer's directions.

Section 4. Course of Study for Esthetician Students. The educational program for all schools shall include no less than six hundred (600) hours for a complete esthetics course.

(a) Five hundred and ninety (590) hours shall consist of the following minimum training requirements and shall include related theory:

(i) Esthetics

(A) Theory of Skin

180 hours

(I) Anatomy/Physiology of the Body

(II) Structure/Disease	
(III) Analysis	
(B) Theory & Chemistry of Skin Technology	200 hours
(I) Facials and Treatments	
(II) Exfoliation (physical/chemical)	
(III) Machines (non-ablative/non-medical)	
(IV) Hair Removal	
(V) Massage	
(VI) Analysis	
(VII) Extraction	
(VIII) Make-up	
(IX) Body Treatments	
(X) Chemical Treatment of Lash/Brow, Including Lash Extensions	
(XI) Disinfection, Infection Control, and Safety	
(C) Applications of Skin Technology	150 hours
	Minimum Applications
(I) Cleaning/Steaming/Masks	10
(II) Exfoliation	10
(III) Hair Removal	
(1.) Facial	5
(2.) Brow	12
(3.) Arms	3
(4.) Underarms	3
(5.) Chest/Back	1
(6.) Leg	3
(7.) Bikini	3
(IV) Massage	10
(V) Skin Analysis	10
(VI) Extractions	5
(VII) Lash Extensions	4
(VIII) Make-up	3
(IX) Disinfection, Infection Control, and Safety	
(D) Professional Standards	50 hours
(E) Wyoming Law	10 hours
(F) Discretionary Hours (hours must be documented and records kept in student's file)	10 hours

(I) Total hours required are five hundred ninety (590) plus the ten (10) discretionary hours for a total of six hundred (600).

(II) The course of training for the remaining ten (10) hours shall be at the discretion of the school to determine and may include as many as five (5) hours of instruction by individuals other than cosmetology instructors where such instruction may serve to enrich the education program offered such as health and safety or salon management.

(III) If any hours are accomplished outside the school premises, they must be acquired under supervision or guidance of an instructor and supporting documents must be made available if requested by the Board.

(IV) Client protection and proper infection control, and disinfection should be taught, and utilized as necessary according to Wyoming law, and manufacturer's directions.

Section 5. Course Study for Hairstylist and Nail Technicians to acquire training in the removal of superfluous hair. The educational program of all schools shall include no less than one hundred twenty-five (125) hours for a complete hair removal course.

(a) One hundred twenty (125) hours shall consist of the following minimum training requirements and shall include related theory:

(i) Hairstylist/Nail Technician

(A) Theory of Waxing 30 hours

(I) Anatomy/Physiology

(II) Structure/Disease

(III) Analysis

(B) Theory & Chemistry of Wax Technology 65 hours

(I) All Wax Types

(II) Depilatories

(III) Threading

(IV) Sugaring

(V) Tweezing

(VI) Disinfection, Infection Control, and Safety

(C) Applications of Wax Technology 30 hours

(I) Hair Removal

Minimum Application

(1.) Facial 5

(2.) Brow 12

(3.) Arms	3
(4.) Underarms	3
(5.) Chest/Back	1
(6.) Leg	3
(7.) Bikini	3

(II) Disinfection, Infection Control, and Safety

(ii) Total hours required are one hundred twenty five (125).

(iii) Client protection and proper infection control, and disinfection should be taught, and utilized as necessary according to Wyoming law, and manufacturer's directions.

Section 6. Course of Study for Student Instructors. The education program for all schools shall include no less than one thousand (1000) hours for a complete instructor course.

(a) One thousand (1000) hours shall consist of the following minimum training requirements and shall include related theory:

(i) Student Instructor

(A) Introduction to Teaching	25 hours
(B) Ethics and Personality Development	25 hours
(C) Preparation of Lesson Plans	100 hours
(D) Use of Audio and Visual Teaching Aids/Technology	25 hours
(E) Test Construction and Analysis	50 hours
(F) Record Keeping for Schools and Students	25 hours
(G) Theory Class Lectures	80 hours
(H) Performance Class Demonstrations	150 hours
(I) Law and Rules Governing Cosmetology	20 hours
(J) Student Supervision	(maximum) 500 hours

(I) Total hours required are one thousand (1000).

(II) Student Instructors shall not exceed five hundred (500) hours supervising students in the clinic area.

(III) No more than two hundred (200) hours may be acquired by means of Board approved distant learning program. These hours must be related to topics listed in section 6, (a) through (g). All distant learning programs must be pre-approved by the Board.

(IV) Client protection, proper infection control, and disinfection should be taught, and utilized as necessary according to Wyoming law, and manufacturer's directions.

Section 7. Credits Allowed When Transferring from One Course to Another. A student registered for a hairstyling, nail technician, esthetician course, or a licensed hairstylist, nail technician, or esthetician may transfer to, or enroll in a full cosmetologist course with full credit of applicable hours. A student enrolled as a cosmetology student may transfer only course specific hours to hairstyling, nail technology, or esthetics course and the transfer hours must be approved by the Board.